AFFILIATED PHYSICIANS
ON-SITE VACCINATION AND WELLNESS SERVICES

Flu and Children

Getting your Flu Shot can help you and your loved ones stay healthy.

While flu can make anyone sick, children younger than 5 years old and especially children under 2 years old are at greater risk of serious flu-related complications, resulting in hospitalization or death, according to the Centers for Disease Control (CDC).

1. Getting vaccinated is the single best way to help prevent influenza.

According to the Centers for Disease Control and Prevention (CDC), studies have shown that the flu vaccine is up to 90% effective in preventing the flu, and drastically reduces flu symptoms and complications in those who get the flu.

2. You can get the flu and easily pass it on to others before you even know that you have it!

By getting your flu shot, you will stop the virus in its tracks and protect your family, friends and co-workers from the flu.

Emergency Warning Signs in Children:

- **Fast breathing or trouble breathing**
- **Bluish skin color**
- **Not drinking enough fluids**
- **Not waking up or not interacting**
- **Being so irritable that the child does not want to be held**
- **Flu-like symptoms improve but then return with fever and worse cough**
- **Fever with a rash**

Get your flu shot to keep yourself and the people around you healthy.

Get Your Flu Shot on:

Thursday

November, 29

1:00-3:00 pm

Company Name
is offering free flu shots for employees.

Date: November 29th
Time: 1:00 PM - 3:00 PM
Location: Cafeteria

To make an appointment, visit:
Registration Link
or call Affiliated Physicians at 866-481-4391 (8 am to 6 pm ET).