

Protocol Name	Seizure
Created date:	August 29 th , 2020
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Last revised:	08/29/20,

Purpose:

To assess, treat and/or triage swiftly individuals presenting with a grand mal seizure. Goal is to provide safe treatment during and after – avoiding injury to patient during an episode and getting help quickly if there is no history of seizures.

Sign and Symptoms:

- Generalized tonic-clonic movements
- Falling to the floor
- No awareness of what's going on around them

Seizures can be caused by:

- Stress
- Flashing lights
- Lack of sleep
- Medications that decrease the seizure threshold including pain relievers, anti-depressants and smoking cessation therapies
- Neurological disorder

Assessment:

- Obtain patient's history, including allergies, medication list and recent activity [post seizure]
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level [post seizure]
- Check to see if the employee is wearing a medical bracelet
- Be aware of what's happening so you can document it after the seizure is over

Standing Orders/Intervention:

- Keep calm
- Ease the employee to the floor
- Turn them gently on their side making it easier for them to breathe
- Clear the area around them to help avoid any injury and place something soft under their head if possible (a folded jacket or sweater)
- Remove their eyeglasses and loosen anything around their neck
- Time the seizure and call 911 if the seizure lasts more than 5 minutes
- Stay with the employee until the seizure is over and he/she is fully awake
- After it ends help the employee to sit in a safe place and once they're alert explain what happened.

- Offer comfort and ask if they have a seizure disorder
- Offer to contact someone to get them home safely

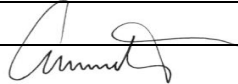
Do Not:

- Do not hold the employee down to try and stop the movements
- Do not put anything in the employee's mouth
- Do not offer any food or water until he/she is fully alert

Only call 911 if:

- The employee has never had a seizure before
- The employee has difficulty breathing or waking up after the seizure
- The seizure lasts more than 5 minutes
- The employee has another seizure soon after the first one
- The employee is hurt during the seizure
- The employee has a health condition like diabetes, heart disease or is pregnant

- Seizure protocol*** is part of Affiliated Physician's ***ON-SITE CLINIC PROGRAM***. I, hereby acknowledge, the above has been reviewed and approved. Upon clinical assessment and necessity, these orders are to be activated by an Affiliated Physician's on-site nurse and documentation of each episode is mandatory.

Medical Director – Dr. Avram Nemetz
Signature: 
Date: 8/29/2020