

Protocol Name	Respiratory
Created date:	August 26 <sup>th</sup> , 2020
Created by:	Shannon Dallas RN – DPP
Last revised:	08/26/20,

Purpose:

To assess, test and/or triage swiftly individuals presenting with respiratory symptoms.

Sign and Symptoms:

- Sore throat
- Cough
- Congestion or runny nose
- Sneezing
- Fever
- Chills
- Shortness of breath
- Change in taste
- Change in smell
- Malaise or fatigue
- Body aches
- Headache
- Diarrhea
- Nausea
- Vomiting

Assessment:

- Obtain patient's history, including allergies, medication list and recent activity
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level
- Observe breathing pattern
- Auscultate breath sounds
  - ✓ Wheezing
  - ✓ Crackles
  - ✓ Stridor

[https://en.wikipedia.org/wiki/Respiratory\\_sounds](https://en.wikipedia.org/wiki/Respiratory_sounds)

- Assess oxygen saturation level with pulse ox

Standing Orders/Intervention:

For urgent Intervention – acute respiratory distress noted

- Activate 911 Emergency services

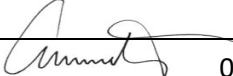
For non-urgent or seasonal allergy or sinus congestion related symptoms – no acute respiratory distress noted

- Administer Sinus Decongestant 1-2 tablets as needed
- Refer patient to follow up with primary care physician

For COVID related symptoms – refer to COVID protocol

- Self-Quarantine – x 10 days
- Practice social distancing
- Wear mask when in public
- Wash hands frequently
- Encourage self-monitoring for worsening symptoms
- Refer to follow up with primary care physician

**Respiratory protocol** is part of Affiliated Physician's **ON-SITE CLINIC PROGRAM**. I, hereby acknowledge, the above has been reviewed and approved. Upon clinical assessment and necessity, these orders are to be activated by an Affiliated Physician's on-site nurse and documentation of each episode is mandatory.

Medical Director – Dr. Avram Nemetz	
Signature:	
Date:	08/26/2020