

Protocol – Standing Order	Benadryl PO
Created date:	August 26 <sup>th</sup> , 2020
Revised by:	Dr. Avram Nemetz
Last revised:	08/26/20, 10/31/21

**Purpose:**

Used to relieve symptoms of hay fever, allergies, hives and itchy rash. For patients age 11 or <, do not administer oral Benadryl.

**Indication:**

- Runny nose
- Sneezing
- Itchy watery eyes
- Rash, hives, itching
- Discomfort from the common cold
- Itchy scratchy throat

\*\* Allergic reaction, such as hives, rash, or itching may be a precursor to a more serious anaphylactic reaction, where Epi is always the first line medication for treatment and can be followed by Benadryl IM, as needed. [refer to Emergency Medication Standing Orders].

**Assessment:**

- **Assess and monitor situation before treating. If non-advancing mild rash, hives, itching – oral Benadryl may be administered to patients age 12 and >.**
- Obtain patient’s history, including allergies, medication list and recent activity
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level
- Observe for worsening, improving or resolving symptoms.

**Procedure:**

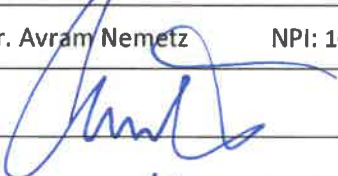
- Do not administer if history of allergy to diphenhydramine
- Do not administer for acute asthma attack
- Do not administer oral Benadryl to children age < 12
- Extend clinical observation until symptoms improve and/or resolve.

**Standing Orders/Intervention:**

Once assessment completed and **Assessment Protocol** indicates need for Benadryl

- **Adult/Pediatric 66lbs or >: [age >11]**
  - Benadryl 25mg orally x 1 as needed for itching, rash or hives. May repeat x 1 at 30 minutes for non-resolving symptoms.

**Benadryl - Medication protocol and orders** are to be activated as needed by clinician at any **ON-SITE CLINIC PROGRAM**. Upon clinical assessment and necessity, these orders are to be followed by an Affiliated Physician’s on-site nurse and documentation of episode is mandatory.

Medical Director – Dr. Avram Nemetz	NPI: 1639206725
Signature:	
Date:	11-2-2021