

Protocol Name	IM Benadryl
Created date:	October 13 th , 2020
Created by:	Shannon Dallas - DPP
Last revised:	

Purpose:

Used to counteract inflammation secondary to anaphylactic allergic reaction(s) to insect stings/bites, foods, drugs, or other substances.

Symptoms:

- Difficulty breathing
- Shortness of breath
- Swelling throat
- Swelling eye lids

Assessment:

- Obtain patient's history, including allergies, medication list and recent activity
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level
- Assess source of allergy and necessity of administering IM Benadryl

Contraindications:

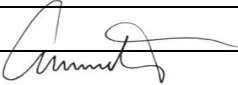
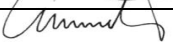
- Do not administer to any pregnant or nursing women
- Do not administer if history of allergy to diphenhydramine
- Do not administer for acute asthma attack
- Do not administer if patient taking meds that make you sleepy including but not limited to meds for seizures, anxiety, depression, other cold medicines, narcotics and pain meds

Standing Orders/Intervention:

Once assessment completed and **Assessment Protocol** indicates Benadryl is necessary -

- Administer Benadryl 25-50mg x 1 intramuscular – post Epinephrine for Anaphylaxis
- Administer Benadryl 50mg x 1 – if significant history of heart disease and is being given prior to Epinephrine
- Follow assessment protocol

- Benadryl - Medication protocol** is part of Affiliated Physician's **ON-SITE CLINIC PROGRAM**. I, hereby acknowledge, the above has been reviewed and approved. Upon clinical assessment and necessity, these orders are to be activated by an Affiliated Physician's on-site nurse and documentation of each episode is mandatory.

Medical Director – Dr. Avram Nemetz
Signature: 
Date:  10/13/2020