

Protocol Name	Gastrointestinal
Created date:	August 26 <sup>th</sup> , 2020
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Last revised:	08/28/20,

Purpose:

To assess, treat and/or triage swiftly individuals presenting with GI complaints. Goal is to minimize pain level, treat symptoms and refer for follow up.

Sign and Symptoms:

- Nausea
- Vomiting
- Dyspepsia or Flatulence
- Constipation
- Diarrhea
- Abdominal cramping
- Heartburn

Assessment:

- Obtain patient's history, including allergies, medication list and recent activity
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level
- Confirm there is no referred or rebound pain – indicative of appendicitis
- Auscultate bowel sounds – all 4 quadrants

Standing Orders/Intervention:

If epigastric pain with acid reflux/ heart burn – without chest tightness and/or radiating pain:

- Administer Antacid 420mg x 1
- Administer Aspirin 325mg x 1
- Refer to Urgent Care for follow up

If diarrhea with no other symptoms

- Administer Imodium 2mg x 2 tablets (4mg)
- Encourage patient to drink clear fluids to help prevent dehydration, which may accompany diarrhea
- Refer to follow up with primary care physician

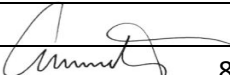
If constipation

- Refer to follow up with primary care physician

If abdominal cramping

- Administer Ibuprofen 400mg x 1 (if no history of GI Bleeds or Ulcers)
- Refer to follow up with primary care physician

***Gastrointestinal protocol*** is part of Affiliated Physician's ***ON-SITE CLINIC PROGRAM***. I, hereby acknowledge, the above has been reviewed and approved. Upon clinical assessment and necessity, these orders are to be activated by an Affiliated Physician's on-site nurse and documentation of each episode is mandatory.

Medical Director – Dr. Avram Nemetz	
Signature:	
Date:	8/28/2020