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| Protocol Name | Extremity Ace Bandage Wrap and Triangular Bandage      |
| Created date: | September 2 <sup>nd</sup> , 2020                       |
| Created by:   | Shannon Dallas RN, Director of Policies and Procedures |
| Last revised: | 09/02/20,  |

Purpose:

To wrap an injured extremity with ace bandage with goal of decreasing swelling and immobilizing the injured extremity decreasing potential for further injury.

Assessment:

- Obtain patient's history, including allergies, medication list and recent activity
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level
- Assess nature of injury and confirm if any fracture evident

Supplies:

- Ace bandage
- Sling for upper extremity injuries – [triangular bandage]

Procedure:

Triangular Bandage:

[https://www.youtube.com/watch?v=e-K5qjBUlw&ab\\_channel=APA3125uottawa](https://www.youtube.com/watch?v=e-K5qjBUlw&ab_channel=APA3125uottawa)

Ankle Wrap:

<https://www.bing.com/videos/search?q=how+to+wrap+an+ankle+with+ace+bandage+youtube&docid=608022650337362640&mid=1A4600246BA132D8FAC01A4600246BA132D8FAC0&view=detail&FORM=VIRE>

Shoulder Wrap

[https://www.youtube.com/watch?v=Pj5tXyDCOmc&feature=emb\\_rel\\_pause](https://www.youtube.com/watch?v=Pj5tXyDCOmc&feature=emb_rel_pause)

Wrist Wrap

<https://www.bing.com/videos/search?q=wrapping+a+sprained+wrist&docid=607987036429750183&mid=7651BF38777EA06D048F7651BF38777EA06D048F&view=detail&FORM=VIRE>

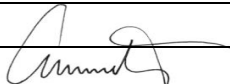
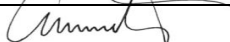
Elbow Wrap

[https://www.youtube.com/watch?v=lWK56ge3qqQ&feature=emb\\_rel\\_pause](https://www.youtube.com/watch?v=lWK56ge3qqQ&feature=emb_rel_pause)

Knee Wrap

[https://www.youtube.com/watch?v=8MMoC7xDhjo&feature=emb\\_rel\\_pause](https://www.youtube.com/watch?v=8MMoC7xDhjo&feature=emb_rel_pause)

- Extremity Ace Bandage Wrap and Triangular Bandage - Procedural protocol** is part of Affiliated Physician's **ON-SITE CLINIC PROGRAM**. I, hereby acknowledge, the above has been reviewed and approved. Upon clinical assessment and necessity, these orders are to be activated by an Affiliated Physician's on-site nurse and documentation of each episode is mandatory.

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| Medical Director – Dr. Avram Nemetz  |
| Signature:        |
| Date:  09/02/2020 |