

Protocol Name	Burn
Created date:	September 1 st , 2020
Created by:	Shannon Dallas RN – Director of Policies and Procedures
Last revised:	09/01/20, 09/17/20

Purpose:

To assess, treat and or triage swiftly individuals presenting with a burn. Goal is to treat the pain and minimize further trauma.

Sign and Symptoms:

1st Degree

- Swelling
- Redness – pink or red coloration
- Pain
- Small thin blister might appear

2nd Degree

- Thickened walled blister over the entire burned area
- Underlying tissue is deep red in color
- Wet and shiny appearance
- Swelling
- Severe pain
- Skin may appear white or discolored in an irregular pattern

Assessment:

- Obtain patient's history, including allergies, medication list and recent activity
- Vital Signs – heart rate, respirations, blood pressure, temperature, pain level and O2 sat level
- Review with patient nature of incident causing such injury
- Assess the affected extremity
- Confirm degree of burn

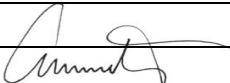
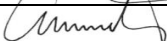
Standing Orders/Intervention:

- Immerse burned area in cool tap water or apply cold, wet compress
- Apply burn cream
- Cover the burned area with a nonstick sterile bandage
- If blisters form, encourage patient to let them heal on their own while keeping the area covered. Do not pop the blisters
- Administer Acetaminophen 1000mg x 1 or Ibuprofen 400mg x 1 to help relieve the pain and reduce inflammation

- Burns usually heal on their own without treatment from a doctor, however if the burned area is very large, or is greater than 1st degree, follow up care and treatment with the patient's primary care physician is recommended.
- Encourage use of Aquaphor use and reapplying 2-3 x per day for dry skin during the healing process

****NOTE: if a burn is 3rd degree and/or caused by electricity or chemicals, call 911**

Burn protocol is part of Affiliated Physician's **ON-SITE CLINIC PROGRAM**. I, hereby acknowledge, the above has been reviewed and approved. Upon clinical assessment and necessity, these orders are to be activated by an Affiliated Physician's on-site nurse and documentation of each episode is mandatory.

Medical Director – Dr. Avram Nemetz
Signature: 
Date:  09/17/2020